

# 6 WEEKS OF WRITING PROMPTS

- VOLUME I -

## 60 prompts

Creative writing, poetry, and journaling prompts  
Includes fantasy, horror, science fiction prompts, teaches  
poetry forms, and provides introspective journaling prompts

**Promotes empathy and self-awareness  
in children Perfect for ages 5-12**

# A NOTE FROM RACHEL



racheltoalson.com  
@racheltoalson

**Dear young writers,**

These prompts are meant to be fun ways to get your creativity flowing. No one is grading your poem or story, so **just have fun** writing.

Writing every day is great practice for developing your communication skills—not just your writing abilities, but your ability to speak clearly and have conversations with others.

Creative writing challenges your brain and exercises your creativity, poetry often gives you a new understanding of the world, and journaling can help you work through your thoughts and feelings.

I hope these prompts help you fall in love with writing and that your habit of daily writing will last a lifetime.

**To those guiding young writers through prompts:**

These prompts are intended to be fun exercises to get kids interested and invested in writing. It's okay if they don't strictly follow the poetry form rules, or if they don't have a beginning, a middle, and an end to their stories; it's best to refrain from making value judgments on their writing and simply let them create.

While young writers do often need encouragement to consider elaboration and revision, those are skills they will gain as they improve in their writing practice. You'll likely see some organic improvement throughout the course of these guides as kids get into the habit of daily writing.

I hope these prompts give you a springboard for encouraging kids to develop a daily habit of writing what's in their minds and hearts to write.

The background is a light pink color with various geometric shapes and icons scattered around. There are several stars in blue, purple, and pink. There are also zigzag lines in blue and pink. A yellow pencil with a red eraser and a blue and white striped band is visible on the right side. A large blue star is in the bottom left corner. A large pink shape is in the top left corner. A large blue star is in the bottom left corner. A large pink shape is in the top left corner. A large blue star is in the bottom left corner. A large pink shape is in the top left corner.

# WEEK 1

# WEEK 1 - CHOOSE ANY 7 PROMPTS

## Creative writing

### Prompt 1

While digging in your yard, you dig up a bone. You put it somewhere in your house, thinking nothing more of it. But whatever the bone belonged to comes back to get its bone (a person? An animal? A... monster?). What happens next?

### Prompt 2

Imagine you're a circus performer. Who would you be? Write a story about your adventures traveling with the circus.

### Prompt 3

You are walking about your daily life, not bothering anybody, when suddenly, you see—another you! This other you is from a parallel universe. What kind of life does he or she have in this parallel universe? How is it the same or different from yours? Now write a story about this other you trying to take over your life here in this universe, and how you get him or her back to her own universe and life.

## Poetry

### Prompt 4

Write a persona poem (A persona poem is a poem written in the voice of the subject of the poem. For example, if you write a persona poem about a raccoon or a squirrel, write it from the perspective of the raccoon or squirrel.) What do you see, hear smell, taste, and feel as this person or thing?

Possible topics:

- Your favorite animal or insect
- A rock
- A brother or sister
- A pet

### Prompt 5

Write down the last sentence of the book nearest to you, and then write a poem about it.

### Prompt 6

Write a poem about what silence sounds like.

# WEEK 1 - CHOOSE ANY 7 PROMPTS

## Journaling

### Prompt 7

What are your favorite parts of summer break?

### Prompt 8

Make a list of 10 reasons you can't do your chores today. Try to imagine the most ridiculous excuses.

### Prompt 9

In the time of COVID, we had to go long time without birthday parties or larger family gatherings. How did that make you feel? What do you remember about the last time we had one or attended one? What do you enjoy most about those gatherings (whether they are gatherings with family or friends)? Tell us about what it feels like once the party's over and everyone goes home.

### Prompt 10

Describe your daily routine. Try to imagine you are telling it to someone who has only lived in another country or on another planet.